



# Ross County Sheriff's Office Corrections Division Rehabilitative Services

George W. Lavender Jr., Sheriff  
Col. T.J. Hollis, Corrections Administrator

28 N. Paint St.  
Chillicothe, OH 45601



The seal of the Sheriff's Office is a large, semi-circular emblem in the background. It features a central shield with a red and white striped field and a blue chief. Above the shield is a yellow banner with the word "SHERIFF" in blue letters. The entire seal is surrounded by a yellow border.

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# Director of Inmate Program Development

## Phillip C. Rutherford

Education: Ohio University  
**Bachelor of Specialized Studies**  
Psychology and Communications Skills

Ohio University  
**Master of Education**  
Community/Agency Counseling

### Professional Experience:

2001 – 2002 Scioto Paint Valley Mental Health Center  
Martha Cottrill Clinic Chillicothe, OH  
Therapist/Case Manager

Duties: Diagnostic Assessments and Therapeutic  
Interventions, Domestic Violence Group,  
On-call County Intervention

2002 – 2004 Roweton Youth Center Chillicothe, OH  
Social Services Supervisor 1

Duties: Residential Center Supervision, Procedural  
Development, Court Liason.

2004 – 2005 Roweton Youth Center Chillicothe, OH  
Private Contract Services

Duties: Monitored at-risk student's behavior  
Established anger management program for  
Elementary after school programs.

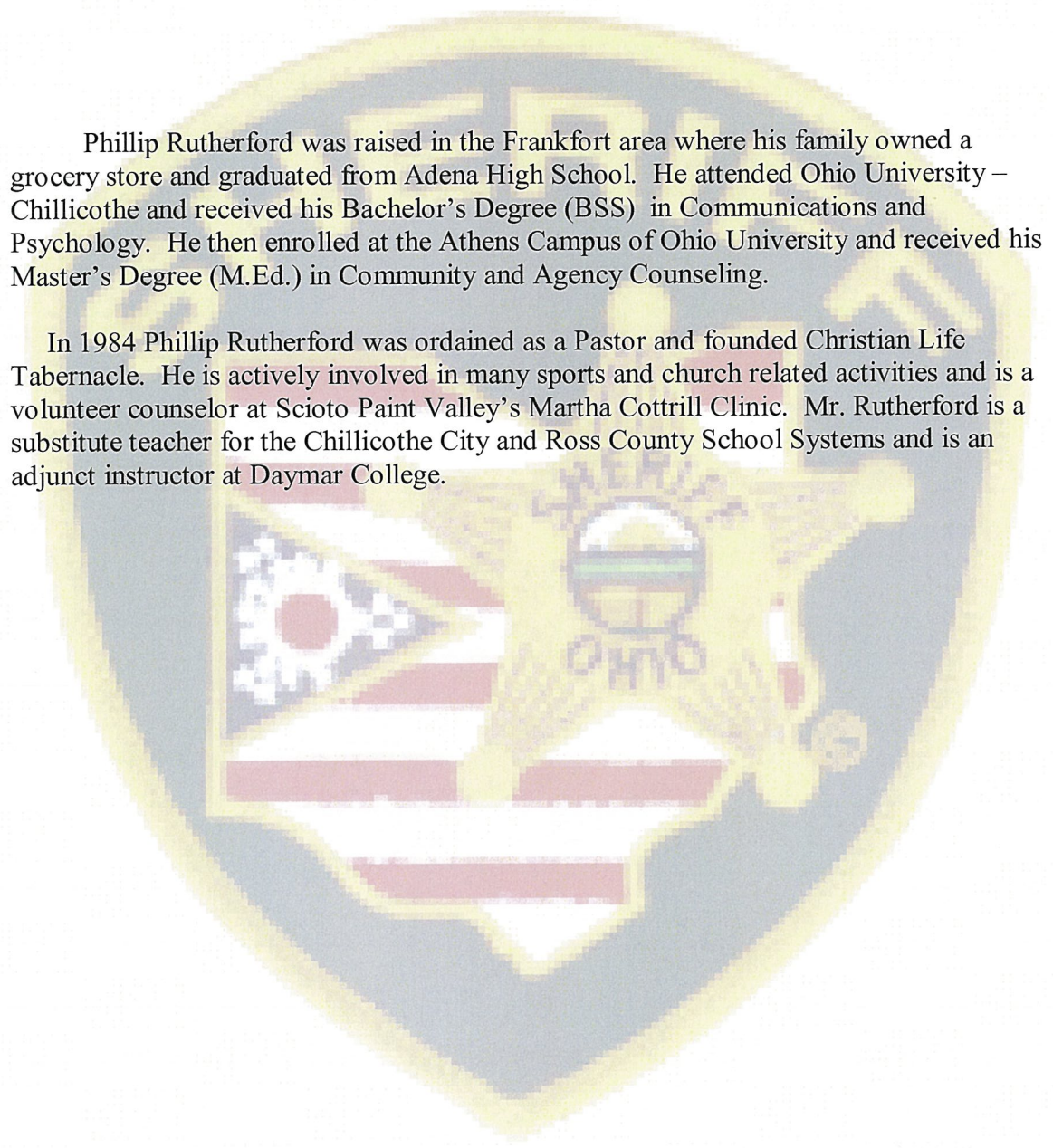
2005 - Ross County Sheriff's Office Chillicothe, OH  
Director of Education – PAL 2005-2007  
Director of Inmate Program Development

Duties: Develop and facilitate Inmate Programming  
Options.

### Additional Professional Activities:

1984 – Present Pastor Christian Life Tabernacle  
2008 – Present Adjunct Instructor – Daymar College





Phillip Rutherford was raised in the Frankfort area where his family owned a grocery store and graduated from Adena High School. He attended Ohio University – Chillicothe and received his Bachelor's Degree (BSS) in Communications and Psychology. He then enrolled at the Athens Campus of Ohio University and received his Master's Degree (M.Ed.) in Community and Agency Counseling.

In 1984 Phillip Rutherford was ordained as a Pastor and founded Christian Life Tabernacle. He is actively involved in many sports and church related activities and is a volunteer counselor at Scioto Paint Valley's Martha Cottrill Clinic. Mr. Rutherford is a substitute teacher for the Chillicothe City and Ross County School Systems and is an adjunct instructor at Daymar College.



# William L. Cox

## Case Manager

### Education

1973 Unioto High School  
Chillicothe, Ohio

Attended: Ohio University 1973 – 1976 (Criminal Justice)  
Northern Virginia University 1976 (Studies)  
F. B. I. 1976 (Job related Studies)

Fayette Co. Basic Corrections Academy  
Certification 2003

Ohio University – Southern Ohio Police Training Institute  
Certification 2005

OPOTA – Ohio Peace Officer Training Academy  
Instructional Skills Training  
Certification 2008

### Related Professional Experience

1976 – 1977 Federal Bureau of Investigation – Washington D.C.  
Various non-agent jobs

2003 – Present Ross County Sheriff  
5 /6/03 to 5/12/03 Communications Officer  
5/12/03 to 3/21/05 Corrections Officer  
3/21/05 to 1/10/06 Corporal in Corrections Division  
1/10/06 to 1/1/09 Sergeant in Corrections - Training  
1/1/09 to 6/1/10 Corrections Officer  
6/1/10 to Present Caseworker and Training Officer

**Additional** Commander of the Ross County Sheriff's CRT Unit (Correctional  
Response Team)

**Professional** Certified to Teach "Thinking for a Change" Inmate Studies  
**Activities** Certified to Teach "Strategies for Success" Inmate Studies  
Certified to teach Correctional Officers classes through OPOTA

Deputy Cox attended Union-Scioto High School and Ohio University – Chillicothe. After many successful years in the private sector, Dep. Cox again pursued a profession in law enforcement, starting with the Ross County Sheriff's Office as a Communications Officer.



# General Education Development (G.E.D.)

General Education Development is a preparatory course of study used to prepare an individual to take the High School Equivalency Examination. Twelve Hours weekly are set aside for assisted preparation time and all materials are provided to each student entering the program. The G.E.D. program is an open group. Students may enter this program at any time that there is an opening. The program is facilitated by an instructor and any assistants/tutors available to the program. The program covers the following areas:

**Language Arts: Writing** - Students cover sentence structure, organization, usage, and mechanics. Students are also required to write an essay. The purpose of the essay is to demonstrate the writer's control of sentence structure, punctuation, grammar, word choice, and spelling

**Social Studies** – Students cover American history, world history, civics and government, economics, and geography. Studies in civics, government and economics rely heavily on practical documents, such as tax forms, voter-registration forms, and workplace and personal budgets.

**Science** – This area concentrates on understanding, interpreting, and applying science concepts to visual and written text from academic and workplace contexts.

**Language Arts: Reading** - Students concentrate on five fiction and two nonfiction passages, each about 300–400 words long. The fiction passages include portions of a play, a poem, and three pieces of prose. Each passage is followed by questions that assess reading comprehension, as well as the student's ability to analyze the text, apply the information given to other situations, and synthesize new ideas from those provided.

**Mathematics** - The class focuses on four main mathematical disciplines number operations and number sense; measurement and geometry; data analysis, probability, and statistics; and algebra, functions, and patterns.

Pre-tests are conducted on site every other week to ensure continuing improvement of the students. The Ross County Jail is currently in a partnership with Daymar College to provide after care in the event that a student is released from incarceration before the student has the opportunity to complete preparatory course. Daymar College and The Ross County Jail are also in the process of becoming a State of Ohio testing site for the High School Equivalency Exam.



# Thinking for a Change

Thinking for a Change (T4C) is an integrated, cognitive behavior change program for offenders that includes cognitive restructuring, social skills development, and development of problem solving skills. National Institute of Corrections (NIC) makes available the T4C offender program materials plus a curriculum for training program facilitators. NIC also can assist agencies in training staff to facilitate the program.

T4C is designed for delivery to small groups in 22 lessons and can be expanded on to meet the needs of specific participant group. The curriculum was developed by Barry Glick, Ph.D., Jack Bush, Ph.D., and Juliana Taymans, Ph.D., in cooperation with the National Institute of Corrections.

The T4C program is used in prisons, jails, community corrections, probation, and parole supervision settings. Participants include adults and juveniles, males and females. More than 6,000 correctional staff have been trained as T4C group facilitators. More than 300 trainers in 30-plus agencies are preparing additional staff to facilitate the program with offenders.

Correctional agencies can consider Thinking for a Change as one option in a continuum of interventions to address the cognitive, social, and emotional needs of their offender populations.

Thinking for a change is a closed class. Twelve students is the maximum attendance. Students must complete twenty-two; ninety to one hundred twenty minute sessions. Students typically attend two sessions weekly, making Thinking for a Change an eleven week course.

The Thinking for a Change curriculum uses, as its core, a problem solving component, embellished by both cognitive restructuring and social skills interventions. The program was developed to be appropriate for a wide range of offender groups. It has been used with juvenile and adult offenders. It has been implemented in all phases of the juvenile and adult criminal justice systems including pre-incarceration (Probation), in prisons and jails, as well as in the community (Aftercare and Parole).



# Strategies For Success

Strategies for Success was designed by the Pacific Institute by Dr. Lou Tice and Dr. Joe Pace. The program is designed to build understanding, with a structured process, of how your mind works, and how you can control the way you think to achieve success in any part of your life that you desire. Based on decades of research in the fields of cognitive psychology and social learning theory, the education presented here stands at the forefront, reflecting the qualities and characteristics of high-performance individuals and organizations.

The course is designed to improve the student's learning experience and prepare him or her for personal and professional growth and success. The focus is on increasing the student's self-discipline and self-esteem. The positive concepts taught in this course are intended to unleash the student's potential for growth and creativity, resulting in personal and professional development.

Strategies for Success is a closed group. The course is covered in twenty-one 45 minute sessions. Students attend two sessions per week which allow the program to be completed in six weeks. Daymar College offers college course credits to those students who have completed the course.



# Safe Harbor Substance Abuse Program

Safe Harbor is a faith-based substance abuse counseling and relapse prevention program that focuses on personal growth and development. Safe Harbor is currently used in the Criminal Justice System in the State of Michigan. The program is designed for volunteers, court referred, and court ordered persons. The program has a completion rate of 71% (minimum of 12 sessions) , a 32% “clean time” that resulted in completion of parole/probation requirements, and a 16.5% “clean time” of one year or more corroborated by drug test and lifestyle changes.

The Safe Harbor Substance Abuse Program is an open group. The program consists of twelve sessions and can be extended up to forty-eight sessions depending on length of incarceration. Each session is ninety minutes long and participants attend 2 sessions per week, which allows completion of program in six weeks. Aftercare is currently available at Christian Life Tabernacle.



# Projected Programs

## Day Reporting Program

The Ross County Sheriff's Office is in the process of designing and implementing a day reporting program. The initial program would provide sixteen hours weekly to be used in the pre-trial, supervision, and aftercare capacity. Ten hours weekly would be set aside to include all programs offered to incarcerated persons, vocational skills, living well, and sex offender education courses. The program will be designed to expand as needed and will be available to the Ross County Court of Common Pleas, The Ross County Probation Department, and Chillicothe Municipal Court to use as they see fit. Six hours weekly would be scheduled for Corrections Officer supervised community service obligations as directed by the courts or supervision officers.

## Thought Patterns for a Successful Career

Thought Patterns for a Successful Career is follow-up/add on to Strategies for success. This program has an emphasis on vocational skills and thought processes.

The program is designed to help bolster their resolve and move eagerly into the future. This course provides students with the tools and self-esteem to move forward in their lives and to ease transition. Students will understand how to develop their economic value and convert their talents and abilities into a plan that will make them employable.

This program is scheduled to be implemented in the second quarter of 2011.



## Electronic (GPS) Monitoring

The Ross County Sheriff's Office is beginning discussions on the use of electronic/GPS monitoring services as a tool to assist the Criminal Justice System in pre-trial, incarceration alternatives, and offender supervision.

## Anger Management Counseling

The Ross County Sheriff's Office recognizes both the need and benefits of anger management counseling and will be implementing an anger management program by the end of the third quarter of 2011. Details are currently being discussed, Phillip Rutherford will be the program facilitator.

## The Ohio Court Network

Today, court information is used to make critical decisions regarding background checks, handgun purchases, issuance of commercial driver and pilot licenses, immigration, Amber Alerts, domestic violence protections and child support compliance. These are vital to the safety of Ohio communities.

An integrated, statewide justice information network is necessary to ensure that all justice stakeholders have the accurate information they require, when and where they need it, to better administer justice and enhance the safety and well being of the people of the state of Ohio and across the country. Information contained in the court system is critical to this effort.

The Ohio Courts Network (OCN) seeks to build a statewide infrastructure for the Judicial Branch of Ohio to enable the sharing of critical information through a central repository.

The Ross County Jail is scheduled for participation in phase II of the OCN implementation. Staff members are scheduled to attend training in February with expected participation to begin in the next 60 days.



# Ohio Risk Assessment System

In 2006, Ohio Department of Rehabilitation and Correction contracted with the University of Cincinnati, Center for Criminal Justice Research, to develop a universal Ohio-based assessment system that would be utilized at various points in the criminal justice system. This project was recently completed and is called the Ohio Risk Assessment System (ORAS). The ORAS tools can be used at pretrial, prior to or while on community supervision, at prison intake, and in preparation for reentry just prior to release from prison.

## **What are the Benefits of ORAS?**

- Provides reliable assessment instruments with consistent meaning.
- Reduces duplication and enhances communication and sharing of information.
- Gathers information regarding potential barriers to treatment.
- Creates a system that expands as the Offender moves through different processing stages.
- Fully automated tools with potential for auto-population to other IT systems.
- Provides thorough and useful information to aid in informed decision making.
- Allows for professional discretion and overrides.
- Reliance on instruments able to significantly distinguish between risk levels.
- Assist in more efficient allocation of supervision and treatment resources.
- Generates case plans that identify and prioritize individual offender needs and specific treatment domains.
- Predicts likelihood of re-arrest and recidivism at different points in the criminal justice system.

The Ross County Jail plans to use this tool for pre-trial assessments to better provide the court system with information during arraignment proceedings. Staff at the Ross County Jail are scheduled for training on this system in the next 90 days.



## Alcoholics Anonymous

**Alcoholics Anonymous (AA)** is an international mutual aid movement declaring its "primary purpose is to stay sober and help other alcoholics achieve sobriety." Now claiming more than 2 million members, AA was founded in 1935 by Bill Wilson and Dr. Bob Smith (Bill W. and Dr. Bob) in Akron, Ohio. With other early members Wilson and Smith developed AA's Twelve Step program of spiritual and character development. AA's Twelve Traditions were introduced in 1946 to help AA stay unified and grow.

AA is currently conducting sessions in various locations in Ross County and has expressed a desire to bring the program to incarcerated individuals in the Ross County Jail.

## Narcotics Anonymous

**Narcotics Anonymous (NA)** is a twelve-step program modeled after Alcoholics Anonymous describing itself as a "fellowship or society of men and women for whom drugs had become a major problem."<sup>1</sup> and it is the second-largest 12-step organization<sup>1</sup> The program is group-oriented, and is based on the Twelve Steps and the Twelve Traditions, adapted from AA.

NA is currently conducting sessions in various locations in Ross County and has expressed a desire to bring the program to incarcerated individuals in the Ross County Jail.



## Victim Awareness

The Victim Awareness Program provides an opportunity for victims to see the effects of their crime from a different perspective: from the perspective of the victim. The offender begins to see how the crime that he or she committed has affected their victim and allows the offender to take responsibility for the crime they have committed.

Ross County Jail staff are currently scheduled to attend training to replicate this program currently being used by Ohio Department of Rehabilitation and Correction.

